

## WHAT IS HYPERBARIC OXYGEN THERAPY-HBOT?

Hyperbaric Oxygen Therapy (HBOT) is approved by the FDA to treat many medical conditions. Hyperbaric Oxygen Therapy increases the amount of oxygen your blood can carry. An increase in blood oxygen may restore normal levels of blood gases and tissue function to promote healing and fight infection.

Under normal circumstances, oxygen is transported throughout the body only by red blood cells. With Hyperbaric Oxygen Therapy, oxygen is dissolved in all of the body's fluids, the plasma, the central nervous system fluids, the lymph, and the bone and it can be carried to areas where circulation is diminished or blocked. In this way, extra oxygen can reach all the damaged tissues and the body can support its own healing process. The increased oxygen greatly enhances the ability of white blood cells to kill bacteria, reduce swelling and allow new blood vessels to grow more rapidly into the affected areas. It is a very simple, non-invasive, and painless treatment.

Hyperbaric Oxygen Therapy may improve the quality of life in clients in many areas and can be used to enhance standard medical treatments.

### Benefits of Hyperbaric Oxygen Therapy

- Reduces Inflammation
- Increases Stem Cell Reproduction
- Promotes Angiogenesis
- Increases Mental Clarity
- Strengthens Immune System
- Heightens Energy and Performance
- Decreases Bruising
- Anti Aging
- Wellness

Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay seeking medical treatment.